



## TRUSTED SERVANTS

### **Intergroup**

Chairman—Don W—Northside  
Co-chairman—Ron L—Northside  
Secretary—Craig F—Living Sober  
Treasurer—Greg S—Home Group  
Literature—Pat C—Crawfordville  
Website—Rob K—Pathfinders  
Activities—Matt—Lake Jackson  
Membership—Vacant  
Newsletter—Larry H—Central

### **District 5**

DCM—Kathy Lynn S—Pathfinders  
Alternate DCM—Joe D—Downtown  
Secretary—Earl W—Living Sober  
Treasurer—Vacant

### **Standing Committees**

PI-CPC—Kevin K—Central  
Treatment—Rachael S  
Corrections—Mike L—Lloyd  
Grapevine—Tracy T—HappyHour  
Bill S—Accessibilities—Northside  
Archives—Rob K—Pathfinders  
Bridging the Gap—Gail H—  
Powder-No Puff

## CONTACT INFORMATION

### **InterGroup 5, Inc.**

1106-H Thomasville Road  
Tallahassee, FL 32303  
(850) 224-1818

**Website:** [www.intergroup5.org](http://www.intergroup5.org)

**Newsletter: Send info to**

[message@intergroup5.org](mailto:message@intergroup5.org)

### **District 5**

P.O. Box 12352  
Tallahassee, FL 32317-2352

### **NFACAA—Area 14**

Area Treasurer  
C/O Rick B.  
PO Box 4933  
Winter Park, FL 32793

# The Message

## A MONTHLY NEWSLETTER

INTERGROUP 5, INC. OCTOBER, 2005 TALLAHASSEE, FL

I am gushing with gratitude as I write this. Jen at Cruise Holidays did a wonderful job of organizing this sea cruise. Everyone was greeted with friendliness and warm welcomes from the staff of Royal Caribbean. The check-in was efficient and organized. We boarded the Sovereign of the Seas with excited anticipation. The energy was contagious. I felt so very grateful to God for this opportunity. The weather was beautiful and the salt air exhilarating. I felt like a kid on Christmas Eve; butterflies in the tummy and all. We left Port Canaveral on Friday at 5pm, and our adventures began! We had a lovely dinner, attended some of the welcome shows and stopped by the Casino then walked along the outer decks of the ship; it was a gorgeous night. We arrived in Nassau the next morning. We departed the ship for the adventure of exploring the Island. It was exciting to experience the culture first hand. I didn't get into any vehicles – the locals drive crazy even compared to myself! Duffey and I walked all over the town until we boarded a transport boat for our Dolphin Encounter Excursion. What an experience! These animals bring much serenity to our world. We hugged, kissed and even danced with the dolphins. It was spiritual and so wonderful. We returned to the ship for a lovely dinner and a fun-filled evening exploring the ship, shopping, attending a few shows and meeting new friends from all over the globe. The next morning we awoke to the sights of the Island of Coco Cay. We explored the barrier islands via wave runners and a tour guide. Snorkeling was a great event. It was like poking my head into a tropical fish tank. It was absolutely gorgeous. I was in awe of God's magnificence. After returning to the ship once again, we prepared for the evening. It was a great honor and privilege to share my story with the folks that were in the Navigator Room. After the meeting, we had a lovely dinner with new friends. We explored the upper decks of the ship and got to experience an unexpected surprise; a rocket launch! WOW! Was that ever exciting! When we returned to the cabin it was past midnight. It didn't take long to go to sleep. We awoke to watch the ship dock back in Port Canaveral. The exit process was uneventful and expedient. It was good to get back home after the long road trip. I would have never thought in my lifetime that this drunk would be so fortunate as to attend this once in a lifetime event. I owe this to the Grace of God, The Program of Alcoholics Anonymous and a damned good Sponsor. I would have liked to have more meetings to attend, but overall the trip was superb. I would suggest that everyone who may get the chance, to go on a cruise...at least once. The experience is life changing. It has been a huge spiritual boost for this drunk...and for this I am overwhelmingly grateful....Donna

## District 5 News

ARCHIVE REPORT This month has seen some more loans come in including one on the way from Lou in Crawfordville – a first edition, first printing of “As Bill Sees It” which actually had a different name when it was released in 1967. I think the original name is “A New Way of Life” but I’m not positive. It will make a nice addition to the growing collection. Thanks, Lou!!! I have accumulated more items that I intend to loan to the archives including a 1st edition Big Book, ninth printing, several early and rare AA pamphlets, an Australian Big Book, some Oxford group materials, some pre AA items and some non-conference materials including articles about alcoholism from magazines dating back to 1938. Additionally, I am loaning some early pictures of Dr. Bob and a nice color photo of Bill and Lois W. I also will be donating some pamphlets and books to the collection.

A solicitation for group histories is now in progress. Don’t have a group historian?? Just gather some old timers from your home group and jot down their memories of how your favorite group got started. Submissions can be emailed to the Message editor from the link on [www.intergroup5.org](http://www.intergroup5.org) or to me at [kenyonr@comcast.net](mailto:kenyonr@comcast.net). Or they may be sent via snail mail to the Intergroup office at : 1106H Thomasville Rd., Tallahassee, FL, 32303, Attention Archives. Copies can be made available for interested persons, will be available when archives are displayed or upon request.

Another project envisioned for the archives/intergroup is a lending library of materials (books, CD’s) for members of the fellowship to check out and return. This will give interested individuals a chance to read both conference approved and outside materials that influenced early AA members, documented AA’s development or otherwise illuminates the history of our common disease and may normally not be accessible. Items slated for this check out library include a reprint of the 1<sup>st</sup> edition Big Book, a copy of the original manuscript (colorful language and all), Big Book, Step and Tradition CD’s, speaker tapes by many well known AA’s and local mainstays of our district, and other assorted audio and printed materials. A small deposit and copy of driver’s license (if available) may be required when checking items out. More on this as it develops.

A small set of display cases have been ordered and I have found another slightly larger case, so when the time rolls around to show our collection, we will be able to secure the most valuable and fragile items. There is some talk that the first display of the archives may be at a cookout celebrating 40 years of Central Group’s existence in late October. Keep a look out for flyers about that event.

Remember – while staying in the here and now is paramount to healthy recovery (yo, rob, that means you too), knowing where we came from can be as important as knowing where we are going – contribute to your local AA archive in any manner that you are able. For questions, comments, donations, loan items, etc., feel free to contact Rob K. @ 562-3437 or 228-3868.

Wanted: Lockable display cases in good condition, used ok. Contact me if you know the whereabouts of any. ILS, Rob K

***Come join us for food, fun, and fellowship on October 30th, 2005 as Central Group celebrates 40 years of meetings and recovery at 909 N. Gadsden Street. Central Group dates back to 1953 (according to the World Service Office in New York). Central Group found it's permanent meeting location at 909 N. Gadsden Street on October 27, 1965. Central Group currently has 32 meetings a week. We will be providing hamburgers, hot dogs, and drinks for the occasion. Everyone is invited! Please bring a side dish or dessert if you are able, and if not please come anyway. Let's join together and rejoice in our gratitude for the unwavering foundation that is Central group. The festivities will begin after the noon meeting on Sunday October 30th. There are lots of parking spaces on N. Gadsden Street, just north of Williams Street.***

Our District 5 Treasurer, Lisa F. (Downtown Group) has resigned and will now serve as the North Florida Area alternate Webmaster. Lisa, thank you for your service! Members interested in serving as treasurer are invited to the next district meeting scheduled for October 19, 2005 at 7:00pm. This service position carries a two year sobriety requirement and all candidates need to have the time and energy to serve the district well.

# Intergroup 5 News

7 September, 2005

**Intergroup 5 Minutes**

**Groups Represented:** Central, Crawfordville, Downtown, Home Group, Lake Jackson, Living Sober, Northside, Pathfinders [There were 9 people present, representing 8 groups].

**Secretary's report:** regarding the proposed call forwarding system, it reads "40 volunteers." It should read "40 volunteers with call forwarding." Amended and accepted.

**Office report:** In the *Message*, Volunteers needed.

**Treasurer's report:** Accepted.

**Literature report:** Northside is concerned about the large balance in the literature fund. Pat explained that \$1,000 was provided by District and 5 or 6 cases of Big Books were donated. Accepted.

**Web report:** Lisa is looking at format of the *Where and When* to accommodate new meetings. Accepted.

**District report:** Rob K. is the new Archives Chair. Gail H. is the new Bridging the Gap Chair. The Gratitude Dinner is scheduled for November. The Current Practices Committee has been disbanded.

**Activities report:** The holiday party is going to be the second Saturday in December, Dec. 10 at the Masonic Lodge. Matt will speak to Diz about a speaker. Accepted.

**Old Business:** Answering service: We do not get billed for hang-ups, but we are charged for any connected calls. Pat suggests having the website address provided on the answering machine message at the office—there is no update on the liability issue from last month regarding the answering machine message, as the concerned member did not show up.

GoDaddy/web server: Greg has never gotten a bill from the web server; Larry will contact GoDaddy regarding the bill.

A Membership Chair is still needed.

**New Business:**

A motion is made to spend up to \$550 for the holiday party meat.

**Motion passes.**

A motion is made to pay the \$125 to rent the Masonic Lodge for the holiday party. **Motion passes.**

As elections for the executive committee are held every October, the nominations for the 2006 committee were made as follows:

- Chair: Ron L., Northside (with a provision that he may have to resign if work makes it impossible for him to serve).
- Vice-Chair: Still taking nominations.
- Secretary, Craig F., Living Sober.
- Treasurer: Greg S., Home Group.

All the nominations were made by acclamation.

Meeting adjourned at 7:45.

From Rob K. Website Chair—I will be stepping down as chair of the web site committee as of the next election due to over commitments in service and to give some one else a chance to serve.

*There will always be a need for  
volunteers!*

## September, 2005 Treasurer's Report

**General Fund**

Beginning 8/31/2005 Balance	\$ 3,107.07
<u>Contributions:</u>	
Central Group	200.00
IG5 meeting	8.00
Grateful (Detox)	261.87
Living Sober	175.00
Total	644.87

Less:

Disbursements:

Rent	236.50
Answering service	167.42
Telephone	43.39
Office coordinator travel & related exp	220.00
Total	667.31

Ending 9/30/2005 Balance \$ 3,084.63

**Prudent Reserve Savings**

Beginning 8/31/2005 Balance	\$ 735.29
add: interest earned	0.18
Ending 9/30/2005 Balance	\$735.47

**Literature Fund**

Beginning 8/31/2005 Balance	\$ 1,928.73
add:	
Literature sales	596.81
Sales Tax collected	44.76
Total	641.57

less:

Purchases	631.95
Money Order Charge	0.50
Total	632.45
Ending 9/30/2005 Balance	\$1,937.85
Total accrued sales tax liability (paid at year end)	(200.12)

"Jeopardy was invented by an alcoholic. Who else starts out with all the answers and no questions?"

*A guy goes to a friend's funeral and during the service asks the man's aunt,*

*"What a shame, how did he die?"*

*"Cirrhosis," she laments.*

*"That's terrible, did he ever quit drinking?"*

*Oh, no," she replied. "It never got that bad."*

**GOD GRANT ME THE LAUGHTER  
TO HELP ME SEE THE PAST WITH  
PERSPECTIVE,  
FACE THE FUTURE WITH HOPE,  
AND CELEBRATE TODAY—  
WITHOUT TAKING MYSELF TOO  
SERIOUSLY.**

# Events and Happenings

## Current Events

**October 19**—District 5 monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm.  
**November 2**—IG 5, Inc. monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm.  
**October 8**—Corrections/Treatment, 909 N Gadsden 2:00PM  
**October 14, 15, and 16**—Next Area Assembly:  
 Location: Paramount Resort & Conference Center, 2900 SW 13<sup>th</sup> St. Gainesville, FL 32608. (352) 377-4000 or 877-992-9229 When making reservations, be sure to say you want a room in the “North Florida Area block.” (\$61/night, register at least one month in advance!)  
**October 21**—Next Alk-a-non will be held at the Advent Episcopal church on Piedmont RD. Rita K. from 909 is the chairperson. We need volunteers. If you would like to volunteer to help out, call Jim O. at 656-5586  
**October 30**—40 years of meetings at 909 N Gadsden St  
**November 19**—Gratitude Dinner at Jackson Masonic Lodge  
**December 10**—IG5 Holiday Party (AKA Christmas Party)

The *Open Door Speakers Group* meets on Saturdays at 7:30 p.m. in the Fellowship Hall of Tallahassee Heights Methodist Church (the “Pumpkin Church”) located at the corner of Capital Circle NE and Mahan Drive

*This meeting is an open, non-smoking speaker meeting of Alcoholics Anonymous. The Fellowship Hall meeting room is wheelchair accessible.*

Saturday, October 1 - Bettye R.  
 Saturday, October 8 - Carl A.  
 Saturday, October 15 - Ann M.  
 Saturday, October 22 - Marcel F.  
 Saturday, October 29 - Ed B.

“A responsible member is one who does not seek, or want, to take God out of the program. A responsible member is one who makes it clear that the Creator, his Father, is “conference approved”—certainly not “conference disapproved.” A responsible member includes any one who gets well by turning to “the Lord”—as Bill Wilson and Bill Dotson (A.A. Number Three) said they did (Big Book, p. 191). A responsible member is one who would rather focus on what God has done for him once he sought God, rather than sparking a conflict over definitions--who is sick from what, what a “higher power” is or isn’t, and who satisfied the requirements for “membership” and who doesn’t.” Dick B

## August Phone Report

(72 Calls Received by Volunteers)



3—12th Step  
 6—Al-anon  
 15—AA Info  
 43—Meeting Information  
 1—Agency Info  
 4—Miscellaneous

**We need more Volunteers!**  
 Please call Larry H 567-8407

## Happy A.A. Anniversary August 2005

Rowena D. 28 Years  
 Tony M. 5 Years

## September 2005

### Central Group

Maura 1, Scot H. 1, Sean B. 1, Rebecca 2, Macy 5,  
 Sue P 10, Norman 13, Marrienne 15, Suki 15, Mary  
 Beth 20, Susan 20, Michael 25

### Living Sober & Happy Hour

Mike H. - 1 year  
 Suzie K. - 1 year  
 Bill E. - 2 years  
 Jeff G. - 2 years  
 Leslie S. - 2 years  
 Kay-cy C. - 5 years  
 Mike G. - 5 years  
 Liz W. - 12 years



*IF ANYONE ELSE IN DISTRICT 5 MAKES IT FOR A YEAR OR ANY MULTIPLE PLEASE LET ME KNOW!*

## **CELEBRATE!!!!**

### Spot Check Inventory

- Does what I'm doing at this moment feel right?
- Is this how my best or highest self would respond?
- How many blessing can I count at this moment?
- Do my actions come from a place of Fear or Faith?
- What are my motives?
- Am I ego driven or serving my spirit?
- Do I want what I already have—
- So as to have what I want?