



# The Message

## A MONTHLY NEWSLETTER

### TRUSTED SERVANTS

#### **Intergroup**

Chairman—Mike L—New Hope  
Co-chairman—Craig F—  
Living Sober  
Secretary—Carol M—  
Treasurer—Matt—Lake Jackson  
Literature—Greg S—Home  
Website—Andy E—Men's Faith  
Activities—Laura A—Central  
Membership—Vacant  
Newsletter—Larry H—Central

#### **District 5**

DCM—Joe D—Downtown  
Alternate DCM—Susan E—Central  
Secretary—vacant  
Treasurer—Matt N—Central  
**Standing Committees**  
Public Info—Jeff D—Central  
CPC—Steve H—Central  
Treatment—Kevin T—Happy Hour  
Corrections—Mike L—Lloyd  
Grapevine—Vern D—Northside  
Accessibilities—Janis T—Willing  
Archives—Rob K—Pathfinders  
Bridging the Gap—Gail H—  
Bradfordville

### CONTACT INFORMATION

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**District 5**  
P.O. Box 12352  
Tallahassee, FL 32317-2352

**NFACAA—Area 14**  
Area Treasurer  
Marilyn B.  
6035 Tudor St.  
Inverness, FL 34452

INTERGROUP 5, INC. MARCH, 2007 TALLAHASSEE, FL

We have had many losses of sober alcoholics in recent months! Usually their passing on is not mentioned in this newsletter. This month will be an exception. Both people mentioned below made personal sacrifices in helping to carry the message. Remember them and be grateful. The following was submitted by two friends.

Accept the things we cannot change.....

Carl A., a 29 year veteran of AA passed away in late Jan., a memorial service was held at Cully's Funeral home with many friends expressing their appreciation. Carl loved talking about the steps and did many workshops through out the area.

Pat C (Crawfordville group) died Feb 6 2007  
at 77 years Gratitude in Action

From the IG5 records, it appears Pat began handling the literature for IG5 at the beginning of 1999. She was also Treasurer for several terms. The literature role was split a few years ago, and Pat continued to handle the literature up until her disabling cardiac arrest late last fall.

That task had her in her 70s dealing with ordering cartons of 10 or 20 big books or 12x12s tracking the orders, dealing with orders for a couple of dozen other books published by AA world services, Inc and keeping track of some 50 to 60 different pamphlets that AA puts out. She would carefully review all the orders for completeness. More impressive to me was her hauling all these boxes around. Sometimes she would let others help her. Sometimes, she would just do it herself.

She was given a nice memorial at her daughter's church in Crawfordville. So many of her friends in the various service organizations – helping youth & others - spoke about her energy and contributions of time and effort, the minister said it was the most he'd ever heard. A recent employer (yes she was working at 77) appreciated her office organization skills.

I will miss our talks. She was patient, straight-forward & always laughing at one thing or another till her body quit. Even to the end, she was doing her best to see that the literature chores would be handled right. If you've picked up a pamphlet or an AA book in this city in the last 8 years, it was probably handled by Pat before it got to your group. It is a privilege to succeed her as literature coordinator, however, I'm far more grateful to have gotten to know her.....Greg S.

Do you ever think of how you will be remembered?

# District 5 News

## District 5 January 17, 2007 Unapproved Minutes

**Open:** We opened with the serenity prayer. The declaration of unity was read by Alice.. The 12 traditions were read by Mike L. Introductions were made by each in attendance. Concept 1 was read by Joel. Attendees at the meeting: Matt N. Treasurer Central, Alice R. Visitor Downtown, Kevin T. Temp Sec./Treatment Living Sober, Susan E. ACM/GSR Central, Gail H. AGSR/BTG Powder-no-Puff, Antje S.GSR Crawfordville, Vern D.. Grapevine Northside, Janis T. GSR Willing, Mike F. GSR Lloyd New Hope, Mike L. AGSR/Corrections chr Lloyd New Hope, Joe D. DCM DOWNTOWN, Rob K. GSR/ Archives Pathfinders, Joel A GSR Home

**Officers and Standing Committees reports:** Secretary: December minutes were accepted.

Treasury: Matt was not present A written report provided and accepted. Balance in District 5 account is \$3,749.55. Prudent reserve is \$2,189.30. We are \$1368.13 over prudent reserve.

DCM: Joe is becoming comfortable with his new position.

ALT DCM: Susan E., gave a report from Intergroup. She voiced concern regarding a 844\$ deficit. Intergroup is developing a meeting calendar on their website.

Accessibilities: Janis T. attended the Area Assembly and gave a report. She is sending out an accessibilities survey.

Archivist: Rob K reports this will be his last committee meeting as Archives Chairperson. There will be a complete set of tapes at his departure..

Bridging the Gap: Gail H. reports that she is having a dinner party on January 27<sup>th</sup>.

Corrections: Mike L. reports all positions are filled except Taylor C.I. due to red tape at the facility. There are adequate pink can contributions

Grapevine: Vern reports there has been one request for old Grapevines from an individual at Gadsden CI.

CPC: Steve was not present. No report was given.

PI: Jeff gave presentation via phone. He has been going to Behavioral Health Center to give presentations. He attended the MLK celebration in Quincy.

Treatment: Kevin T reports contacting Ms. Bozeman at Great Recovery Treatment Center. Follow up contact will be made to schedule a meeting.

Unfinished Business: Faith Presbyterian is being paid 75\$ per quarter for rent. Susan requested 75\$ for decorations and the Sonny's gift card as a door prize for the Traditions Workshop. Motion passed.

New Business: Susan requested that we make a District 5 contact list to be placed in the Message. The motion was tabled.

*(This is the latest information we have from District 5—Message editor.)*



As many of you know, the time has come for me to rotate out of the District Archives Committee Chair position. I can't begin to articulate the tremendous amount of gratitude I feel for having been allowed to serve the district in such a fascinating and educational fashion. Working with the archives and learning about the origins of AA has certainly enhanced my recovery immensely. It has been an honor and a pleasure – I thank you all from the bottom of my heart and soul. The spirit of rotation is a good thing – letting others experience the things I have is a special gift in and of itself. The good news on that horizon is a member of our district has stepped forward to offer the time and effort of continuing our archives research and recording activities. Pending district approval, they will assume the chair position in March. I will still be very active in the archives committee doing what ever the incoming chairperson deems necessary. I also plan to concentrate on digitizing a huge collection of cassette tapes given to the district by many groups.

One last item: many people have come up to me saying what a good job I have done with the archives. While thinking to myself (“horse hockey!”), I graciously thank them and I qualify it with something I feel I need to restate now. This is not and has not been a one-person job – not by a long shot. Many, many people (too numerous to mention here) have contributed much time, effort, materials, donations, loans and talent to make our archives what they are today. These anonymous, behind the scenes people deserve the credit, not I. After all, this is a “we” thing, not a “me” thing. I simply reported our activities to the district and showed up with the displays when asked. It has been spiritually uplifting and a true gift to be associated with those folks who made all of this possible. Thank you again for allowing me to serve – it has been an incredible experience I shall not forget! I love you all!!!

ILS, Rob K.

# Intergroup 5 News

An alcoholic was undergoing a physical examination. When his friendly doctor requested that he hold out his arm at full length, he did so. His hand shook wildly. The doctor asked, "Are you still drinking a lot?" Still shaking, the patient responded, "I've cut way down. I don't drink a third of what I used to.... I spill most of it!"

*A man goes to the doctor with two severely burned ears. "How in the world did this happen?" the doctor asked. The man said, "Well doc, I must confess, I likes to drink a few when I get home from work. Last night I came home from work and had my usual few drinks, and was sitting on the sofa having another. My wife wanted to talk to me and iron at the same time so she set up the ironing board next to the sofa. Well doc, the phone rang and without thinking I picked up the hot iron instead of the phone and pressed it against my ear."*

*"That explains the one ear," the doctor said, "but what happened to the other one?"*  
*"The damn fool called back!" the man said.*

A guy goes to a friend's funeral and during the service asks the man's aunt, "What a shame, how did he die?" "Cirrhosis," she laments. "That's terrible, did he ever quit drinking?" Oh, no," she replied. "It never got that bad."

A drunk guy in Alaska decides to go ice fishing. So he packs up his stuff and goes out onto the ice. He starts sawing a hole in the ice, and a loud booming voice says, "YOU WILL FIND NO FISH UNDER THAT ICE!"

The drunk looks up, ignores it, and continues on. The voice repeats, "YOU WILL FIND NO FISH UNDER THE ICE."

The drunk looks up and says, "God? Is this God trying to warn me?"

The voice says "NO, I'M THE MANAGER OF THIS ICE RINK."

## **THANK YOU FOR YOUR CONTRIBUTIONS!**

***We need your help! Please volunteer your time and your money!***

### **February 2007 Treasurer's report**

<b>General Fund</b>	
Checking:	
Previous month end balance	480.31
Correction to 12/31/2006 bal*	(159.38)
Beginning 1/31/2007 balance	320.93
<u>Contributions:</u>	
Alligator Point	82.19
Apalachicola Bay Serenity	20.00
Came to Believe	252.53
Central	200.00
Lake Jackson	50.00
Men's Faith	408.59
Nite Owl	100.00
<b>Total Contributions</b>	<b>1113.31</b>
Less:	
<u>Disbursements:</u>	
Answering service	260.50
Office Coordinator Travel & related ex.	220.00
Supplies	0.00
Printing News letter/ When and where	109.75
Rent	248.36
Tallahassee Parks & Rec	112.07
Telephone	46.78
<b>Total Expense Disbursements</b>	<b>997.46</b>
Ending Balance 2/28/2007	436.78
Prudent Reserve Savings:	
Ending Balance 2/28/2007	2,004.05
<b>Literature Fund</b>	
Beginning 1/31/2007 Balance	1,221.63
add:	
Literature sales	621.60
Sales Tax collected	46.46
Total receipts	668.06
less:	
Purchases	839.30
State Corp Fee	61.25
Total expenditures	900.55
Ending 2/28/2007 Balance	989.14
Total accrued 2007 sales tax liability	(101.25)

\*error in picking up 12/31/2006 balance in Jan report

Day Of Week	Visitors	% Total
Sunday	1885	12.42 %
Monday	2638	17.38 %
Tuesday	2344	15.45 %
Wednesday	2362	15.56 %
Thursday	2389	15.74 %
Friday	1966	12.95 %
Saturday	1592	10.49 %

Above statistics since October 2, 2002  
 Average visits for last seven days—19 per day  
 Average first time visitors—11 per day

Statistics for [www.intergroup5.org](http://www.intergroup5.org)

# Events and Happenings

## Current Events

**March 11**— Corrections—Treatment —Bridging the Gap  
3 PM At Central 909 N Gadsden St

**March 21**—District 5 monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm.

**March 23-25, 2007**—Next Area Assembly:  
Location: Paramount Resort & Conference Center, 2900 SW 13<sup>th</sup> St. Gainesville, FL 32608. (352) 377-4000 or 877-992-9229 When making reservations, be sure to say you want a room in the "North Florida Area block." (\$64/night, register at least one month in advance!)

Overflow hotels:  
Comfort Inn, 2435 SW 13th Street 352-373-6500  
Econolodge, 2649 SW 13th Street 352-373-7816  
Super 8, 2000 SW 13th Street 352-373-3654

**April 4**—IG 5, Inc. monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm.

***Don't forget the Westside Group at 7:30 PM on Tuesday!***

**Singleness of Purpose in Woodville now meets at 7:00 PM**

The Bradfordville Group (Bradfordville First Baptist Church, the older annex)  
6494 Thomasville Rd. Mon., Tue., Thurs., Fri. 6:15 pm,  
Open, NS, Wheelchair Accessible, Discussion

*Northside Group has moved !  
New location—6494 Thomasville Rd.*

*The Reaching Out Meeting  
Open Meeting  
Wednesday Evenings  
7:00pm—8:00pm  
1002 Appleyard Drive  
(New Life Ministries and Community Church)  
(Located at the intersection of Appleyard Drive and  
Mission Road)*

New open meeting, Advent Church, Piedmont Road, Mondays  
6:00 PM BB. Traditions, Steps, Speaker alternates n/s

The Saint Marks Group Open Discussion  
Monday and Thursday Evenings 7:00 pm  
Sunday Mornings  
Location: First Baptist Church (Annex)  
14 Shell Island Road  
St. Marks, Florida  
Contact: John B. 925-7735

## March Phone Report

(38 Calls Received by Volunteers)



0—12th Step  
2—Al-anon  
4—AA Info  
22—Meeting Information  
2—Agency  
8—Miscellaneous

**We need more Volunteers!**  
Please call Larry H 567-8407

Alcoholics Anonymous meetings in Spanish!  
Where? Calvary United Methodist Church  
2145 W. Pensacola Street Tallahassee, FL 32304  
When? Mondays from 7:00 pm to 8:00 pm

## OPEN DOOR SPEAKER MEETING

**March 10: Terri H.**

**March 17: Holly H.**

**March 24: Bob H.**

**March 31: Elizabeth C.**

## Happy A.A. Anniversary

**Central Group**—Amanda 1, Lilly Byrd 1, Phil N. 1, Paul S. 1, Shawn 1, A.C. 2, Sonja 3, Jen 5, Terry R. 6, John B. 6, Tom A. 10, Bobby 14, Leslie W. 14, Dick L. 16, Alice U. 19, Bill P. 19, Doug B. 19, Bill L. 20, Karen 23, Norman M. 25, Jim K. 32

**Happy Hour & Living Sober**—Diane W. 1, A.C. 2, Juliet 20, Dick M. 45

**Monticello Serenity**—December 9 Janice M. 26, December 30 Jeanie M. 9 years, January 6 Jim A. 19, February 14 Sam F. 2, February 2 Bill H. 19 years, February 3 Terry H. 25 years

**Lake Jackson**—  
Dick 16 years

*WHEN ANYONE IN  
DISTRICT 5 MAKES IT  
FOR A YEAR OR ANY  
MULTIPLE  
PLEASE LET ME KNOW  
224-1818!*



# Celebrate!