



TRUSTED SERVANTS

Intergroup

Chairman—Don W—Northside
Co-chairman—Ron L—Northside
Secretary—Craig F—Living Sober
Treasurer—Greg S—Home Group
Literature—Pat C—Crawfordville
Website—Rob K—Pathfinders
Activities—Vacant
Membership—Vacant
Newsletter—Larry H—Central

District 5

DCM—Kathy Lynn S—Pathfinders
Alternate DCM—Joe D—Downtown
Secretary—Earl W—Living Sober
Treasurer—Lisa F—Downtown

Standing Committees

PI-CPC—Kevin K—Central
Treatment—Barbara T—Central
Tim D—Corrections—Central
Grapevine—Tracey T—HappyHour
Intergroup—Joe D—Downtown
Accessibilities—Kayce M—Downtown
Archives—Rob K—Pathfinders

CONTACT INFORMATION

InterGroup 5, Inc.

1106-H Thomasville Road
Tallahassee, FL 32303
(850) 224-1818

Website: www.intergroup5.org

Newsletter: Send info to

message@intergroup5.org

District V

P.O. Box 12352
Tallahassee, FL 32317-2352

NFACAA—Area 14

Area Treasurer
C/O Rick B.
PO Box 4933
Winter Park, FL 32793

The Message

A MONTHLY NEWSLETTER

INTERGROUP 5, INC. JUNE, 2005 TALLAHASSEE, FL

Once upon a time—long ago—in a land far away, a seemingly hopeless alcoholic was “shakin’ it out” one more time. Of course, once he was able to “keep the plug in the jug” there were many lessons still to be learned—and much growing to do! For instance here’s the story he told.

“I saw Jenny occasionally at the AA meetings. She tended not to say much during meetings but she was perky and sociable with everyone. I adored her. Her cuteness and smile brightened my life. Every chat I had with her added to the joy of my new sober life.”

“Then one day I saw Jenny sitting awfully close to another young lady—they were obviously quite affectionate. My heart sank as I observed the evidence of visual proof. I had no doubt this was more than just a casual friendship. I saw them together at every meeting over the next few days, they always seemed to be affectionately focused on each other. I avoided getting too close and left as soon as I could after the prayer. I could not endure staying after the meetings to talk as I had always looked forward to doing in the past.”

“At one meeting a friend, I had not seen for a while, sat next to me at the meeting. After the meeting this fellow asked me about Jenny. Oh, don’t waste your time I told him. She’s only interested in her girlfriend.”

“I didn’t go to meeting for a few days but the next time I went, Jenny and her friend came rushing up to me, hand in hand, before I could escape.”

Bubbling with excitement she said “This is my sister, she’s visiting from California for a few weeks. Isn’t that wonderful?”

“I was stunned and embarrassed. What a mistake I’d made! Sober I still could not trust my own eyes. I had amends to make.” (anonymous)

*You see, it doesn’t matter what you hear or think you know. There is
NO PLACE for pettiness and gossip in AA.*

*My life may be an open book—
But it is not for YOU to turn the pages!*

Acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing or situation - some fact of my life unacceptable to me & I can find no serenity until I accept that person, place, thing or situation as being exactly the way it is suppose to be at this moment. Nothing, absolutely nothing, happens in God’s world by mistake. P.449 3rd ed.

District 5 News

District 5 April 20, 2005 Minutes

Opened with the serenity prayer.

Michell read the declaration of unity.

Barbara read the traditions.

Each individual in the room introduced themselves.

Tom read concept 4.

Attendees at last meeting on 04/20/2005:

Lisa F.	GSR/Treasurer	Downtown
Joe D.	ADCM	Downtown
Michelle Y.	visitor	Happy Hour
Kevin K.	CPC/PI	Central
Jeff D.	visitor	Central
Earl W.	GSR/Sec.	Living Sober
Tracy T.	GSR	Happy Hour
Barbara T.	visitor	Central
Gale P.	GSR	Powder no Puff
Rob K.	GSR/Archives	Pathfinders
Tom M.	visitor	Downtown
Ron L.	IG/Vchair	Northside
Amy D.	visitor	Central
Kathy S.	DCM	Pathfiners
Larry H.	IG/Msg. Ed.	Central

Officers and Standing committes Reports:

Secretary. Jamie, inadvertently left the notes with Lisa who didn't know she had them until today. Lisa will compile and send them to me. A motion was made and seconded and passed to delay the report until the next district meeting.

Treasury. Read and accepted. We are within .01 of our prudent reserve.

Area. A lively discussion was reported on the finances of the state convention. The 2003 state convention had a substantial 60,000 debt. At area an Ad Hoc oversight committee was appointed by the delagate for future state conventions. It was pointed out that this situation has taken energy away from our primary purpose. In fact, this subject was visited throughout this district meeting. There has been a lack of information on what happen in 2003. The question arises of who should pay the debt. Conventions are not part of AA and are a separate entity so it is generally felt that our district will not provide any money for this debt.

Alternate DCM. Joe D. presented the calendar of events for district 5 and asked that it be spread to other groups.

Kevin K. reported the Founders Day Florida Style is going well with contributions from various groups and Intergroup has voted to embrace the convention. In fact, each group is asked every year to embrace the efforts of the convention to serve the community. Last year's convention came out 1,300.00 to the good. Michelle asked if the Double Tree had been paid. The answer was yes. There are no outstanding debts from last years Founders Day Florida Style (FDFS).

PI/Cooperation with the professional community. Kevin reports speakers are needed at NPI (non-secure program),

FSU and TMH. Some speakers have been provided but more are needed. Several areas of improvement have been identified. For instance asking local TV stations to air PSA's. (The PSA's can reviewed on the WEB.) The display boards were discovered to be of poor quality for the price. Pamphlets would be a better value. Which brings up making sure the racks are well supplied. The PI/CPC co chair, Stan, will help with populating racks. It was suggested that various groups could be responsible for making sure selected racks are supplied.

PI/CPC meetings will begins on the second Wednesday of the month at 909 Gadsten at 7:00 pm. The time is flexible. Quarterly workshops on understanding anonimity in the treatment facilities and training for phone service.

Accesibilities. The chair was not present. Tracy T. reported that here group, Happy Hour, has made a flyer to bring you to a meeting or bring a meeting to you. Only people who cannot attend meetings because of health reasons will have a meeting brought to them.

Archivist. Rob L. attended an area workshop and is working with outgoing archivsit. One idea is to have a lending library of early and hard to find books. Also, display cases may be in the future.

Corrections. No report. The chair had to work but will be here next time. A flyer is in the works.

Kathy S. reports that the Leon county wants someone to come to the women's side and hold meetings. Gadson corrections also requests help. Each facility has it's own orientation and rules.

Grapevine: Tracy suggested gift subscriptions and there are plans for a grapevine workshop in the future. She also suggested that some groups might want to get their topic from the grapevine.

Intergroup. The call forwarding call sheets were passed around and each group that wishes to participate is asked to take a 24 hour period. The intergroup archive chair is vacant. The picnic is scheduled at Tom Brown park for June 4. The permit has been attained.

Treatment. Allyson moved to Clearwater so the chair is open.

Barbara expressed and interest and was promptly elected. Michelle said she would like to be involved.

Old business. A bridging the gap workshop and eating meeting has been set up for May 21. Flyers are forthcoming. Bob S. and Kathy S. are the coordinators.

New business. A motion was made for district 5 to "hereby embrace and support the Founders Day - Florida Style in it's efforts to plan and provide 'FDFS 2005, the three legacies' (the name of the convention)". Part of the service manual on conventions recommends asking support from district. The motion was seconded and discussion centered on the question does support imply financial responsibility. An ammendment to the motion to add the phrase 'in the spirit of cooperation not affiliation'. The motion passed 4 to 1.

Tom M. brought up the fact that there were no by-laws or structure (except for the minutes). A motion was made for Tom M to explore a 'structure' for the district. The motion was passed unanimously. The hope community treatment facility requests an AA meeting at there site on Pensacola street.

Closed with the statement of responsibility.

Intergroup 5 News

May 4, 2005

Intergroup 5 Minutes

Groups represented: Capital City, Central, Crawfordville, Home Group, Lake Jackson, Living Sober, Northside, Pathfinders [There were a total of 9 people present, representing 8 groups].

7PM-Don W. called the meeting to order.

Secretary's Report: Corrections to the April 6, 2005 Minutes. 1) Under New Business: Activities Chair, every instance that reads "fosters recovery" should be amended to read "fosters recovery from alcoholism." 2) Specifics regarding the District Report in the IG Minutes were asked for; the District Report was published in its entirety in the Message. 3) The April Minutes say that Larry was going to post a form on the Website for us to download to get people to sign up as being interested in the new phone service; it should read that he will make the form available (See first item in old business below).

Treasurer's Report: Greg has suggested that we move from the current treasurer's system of cash dispersion/receipts to a general ledger system (See motion in New Business below). Greg also has pointed out that our daily average over the past 120 days is down .50/day from the same period last year. Finally, Greg is working with Phyllis to get our finances in order and has discovered that we do not make enough revenue to file form 990, nor do we have to file form 1120.

~Office report accepted ~Literature report accepted.

~No District Report.

Web Report: Forms to be posted on Web must be approved by Web Committee; Rob suggests making a single page on which to place all the downloadable forms that may need to be posted (see motion in New Business below). There is also now a link to the Area Web Site on our homepage.

Old Business: Regarding the new phone service-Larry took the sign up sheets to the District Meeting and handed them out there to be taken back to the groups.

Founder's Day Picnic, June 4: Rob and Matt have gotten the form from Parks and Recreation for the picnic shelter. They will fill it out and fax it in. We will be having the picnic in Shelter 13 at Tom Brown Park. The speaker, Nancy, the District IG rep, is all lined up; Rob will reserve her hotel room. Larry will bring the grill. Supplies needed:

~Coffee: Annette

~Plates and Plastic Wear: Craig

~Sugar and Paper Towels: Larry

~Sodas and Water: Matt

~Condiments and Chips: Pat.

~Meat: Rob

Larry will make a flyer. Announce at groups to bring side dishes.

Motion made: \$250.00 for Rob to spend if necessary on the picnic. Motion passes.

Literature Sales at Founder's Day Florida Style Convention: We need to have shifts for people to man the book sale table. Last year it was primarily Kathy S. and Tom who stayed at the table the whole weekend. A schedule of the convention is needed.

Craig will create a sign up sheet for blocks of time to man the table; find volunteers from groups.

New Business: Motion made: Have Greg move to a general ledger system of accounting for the treasurer. Motion passes. Kevin K. informed us that they have brought on an accounting firm to help with the financial forms and records for Founder's Day Florida Style to aide in the prevention of any large scale financial mess as has been seen with the Florida State Conference.

Bridging the Gap; CASA on May 21st; the practical needs for the AA coming out of the prison system.

Motion made: Have the Web Committee create a forms page that can contain any forms that may need to be distributed in the District. Motion passes.

Larry has purchased colored paper for the Message at Office Depot for \$10 a ream.

Motion made: Have Larry turn in his receipts and be reimbursed for the paper. Motion passes.

May, 2005 Treasurer's Report

General Fund	
Beginning 4/30/2005 Balance	\$2,408.90
<u>Contributions:</u>	
Detox Group	154.32
Central Group	200.00
Willing Group	18.00
IG5 meeting	8.00
FDFS (for 6/4 picnic fund)	68.00
Total	448.32
Less:	
<u>Disbursements:</u>	
Rent	236.50
Answering service (not recd)	0.00
Telephone	41.05
Office coordinator	220.00
(travel & related exp)	
Paper & printing	69.15
Total	566.70
Ending 5/27/2005 Balance	\$2,290.52
Prudent Reserve Savings (no change)	\$735.29
Literature Fund	
Beginning 4/30/2005 Balance	\$1,621.40
Literature sales	419.53
Sales tax collected	16.18
Total	435.71
Ending 5/27/2005 Balance	\$2,057.11

Pinnacles of denial—from hoodwinked spouses—reported to AA intergroup office.

"One irate woman called the other day and said, 'How long does it take to join your club anyway? My husband has been trying to get in for months, and he keeps telling me you're full—his name is STILL on the waiting list!'"

"A long-suffering (too long) husband phoned and said, 'Is there any way you can cut your dues? My wife tells me she's been having a hard time saving enough money to join!'"

Events and Happenings

Current Events

June 15—District 5 monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm.
July 6—IG 5, Inc. monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm.

Future Events

June 4 Founders Day Picnic @ Tom Brown Park
Delegate's Report

Saturday, June 11, 2005
 2:30pm - 3:30pm
 DoubleTree Hotel—Grand Ballroom
 101 South Adams Street, Tallahassee
 Michael S., Area 14 Delegate

To report the events and results of
 A.A.'s 55th General Service Conference
 Held in New York City, April 17 – 23, 2005
June 10-12 Founders Day Florida Style
www.foundersdayfl.org

Twelve Concepts and Service Manual Continuing Workshop
 Sundays 3:00pm - 4:00pm, rain or shine
 909 Gadsden Street, Tallahassee

Please pass your experience, strength and hope on to those desiring to grasp the Twelve Concepts and Service Structure of Alcoholics Anonymous.

New Meetings

The Willing Group

Tuesday Evenings 6:00pm—7:00pm
 Big Book Study
 Thursday Evenings 6:00pm—7:00pm
 Open Discussion
 Community Day Center
 466 West Tennessee Street
 Tallahassee, FL

The Community Day Center is the small building to the east of The Shelter.
 Parking located behind the Community Center.

Rule 62 Group

St. Teresa Episcopal Church
 1255 Rehwinkel Rd
 Crawfordville FL 32327
 Tues night 7:30 12/Traditions NS O W
 Fri night 7:30 Open Discussion NS O W
 Contact person Chris 545-1853

By the Book

Advent Episcopal Church
 815 W. Piedmont Drive
 (Between Thomasville Rd. and Meridian Rd., by Roselawn Cemetery)
 6:15 p.m. to 7:30 p.m.
 Tuesdays: Closed Big Book Meeting
 Thursdays: Closed Step Meeting directly from the Big Book

Big Book Study
 Northside Group
 Killlearn United Methodist Church
 Church Library
 2800 Shamrock South
 Tallahassee, FL 32309
 When: Tuesday Evenings
 Time: 6:00pm
 BYOB (Bring Your Own Book)
Being Convinced
 Thursday evenings at 7:00pm
 Woodville Methodist Church
 Open Discussion
 Non-Smoking
 Contact: Ken B. (850)575-2839

If you have the desire to carry the A.A. message inside the walls of a Florida state prison, prepare to attend the Florida State Orientation
 4th Thursday of Every Month at 6:30pm
 Wakulla Correctional Institution
 Contact Tim D. at (850)766-6907

Found your service niche yet? Try District 5 Treatment Committee
 Come to offer your experience, strength and hope in a non-smoking, open discussion meeting at Hope Community (transitional housing for the homeless) 2700 Municipal Way—Tallahassee. On Pensacola Street between Ocala Road and Appleyard Drive Turn on Dupree, (across the street from Villa Del Lago Apartments) Turn right on Municipal Way
 Meeting held in cafeteria First building on the right Contact Wade (850) 443-5275 if you need additional information. Meeting the following Saturdays in June from 10am – 11am: Saturday, June 18, 2005
 Saturday, June 25, 2005



May Phone Report (67 Calls Received by Volunteers)

- 39—Meeting Information
- 12—Miscellaneous
- 0—12th Step
- 2—Agency
- 3—Al-anon
- 11—AA Info

Happy A.A. Anniversary May 2005

Central Group

Karen M.—1, Sean—1, Bret D.—2, Crystal—2,
 Dru—3, Jimmie—4, Tiffany—4, Pat—7, Trey M—11,
 Bettye—18, Elizebeth—18, Alan—20

Living Sober & Happy Hour

Bob H. —1 year Gary M. —1 year Shel D. —2 years
 Marie M. —3 years Donna W. —4 years
 Bobby J. —25 years

Capital City Group

Sue C—9, Cassy—13

IF ANYONE ELSE IN DISTRICT 5 MAKES IT FOR A YEAR OR ANY MULTIPLE PLEASE LET ME KNOW! CELEBRATE!!!!