



The Message

A MONTHLY NEWSLETTER

TRUSTED SERVANTS

Intergroup

Chairman—Ron L—Northside
Co-chairman—Mike L—New Hope
Secretary—Craig F—Living Sober
Treasurer—Greg S—Home Group
Literature—Pat C—Crawfordville
Website—Vacant
Activities—Matt—Lake Jackson
Membership—Vacant
Newsletter—Larry H—Central

District 5

DCM—Kathy Lynn S—Pathfinders
Alternate DCM—Joe D—Downtown
Secretary—Earl W—Living Sober
Treasurer—Matt N—Central
Standing Committees
Public Info—Jeff D—Central
CPC—Rita C—Central
Treatment—Rachel S—Central
Corrections—Mike L—Lloyd
Grapevine—Vacant
Bill S—Accessibilities—Northside
Archives—Rob K—Pathfinders
Bridging the Gap—Gail H—
Powder-No Puff

CONTACT INFORMATION

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Tallahassee, FL 32317-2352

NFACAA—Area 14
Area Treasurer
C/O Rick B.
PO Box 4933
Winter Park, FL 32793

INTERGROUP 5, INC. FEBRUARY, 2006 TALLAHASSEE, FL

DISTRICT 5 AA ARCHIVE REPORT 1-18-2006

Archive trivia question answers from last month: (subject to dispute and/or correction)
What were some of the names in consideration for the big book? How was the name eventually arrived at? Among consideration were “Exit”, “A Way Out”, “One Hundred Men”, “Depth and Deflation”. The day the title was being discussed a hopeless asylum resident was brought in from upstate NY. The drunk was pretty delirious but had a lucid moment or two where he blurted out a name that no one liked, then blurted out “Alcoholics Anonymous”. That name stuck and that night he was stuck right back into the asylum from whence he came, never to emerge again. (source: Jim Burwell tape)
Who was Emmet Fox’s secretary? One source relayed that it was Bill Wilson’s mother, Emily Griffith Wilson. Another source stated that it was the mother of a man named Al who worked with Bill Wilson. (jury’s still out on that one, source: word of mouth, inet)
Who was the first woman to get sober in AA? (trick question) Florence Rankin was the first woman to get sober in AA but she didn’t stay that way, relapsing and dying (suicide or pneumonia) after the first edition of the book was published (her story, “A Feminine Victory” was removed from later editions). The first woman to get and stay sober was Marty Mann who later went on to be Chairman of the National Council on Alcoholism. (source: Jim Burwell tape, internet)

I have invested in a digital recorder that will be used to capture old timers stories, workshops, guest speakers and other events of interest to AA. These will be easily transferable to computer and CD. The first recordings are going to be of Diz T.’s History of the Big Book series. Many thanks to Diz for agreeing to be taped and Carla M. for recording the talks. More display cases will be purchased on the near future to house items being gathered for the district archives collection.

As stated before, contributions, loans and assistance in organizing, researching, inventorying and duplicating archive materials are always welcome – see contact info below. It is the continued purpose of this committee to collect, preserve and present to members of our fellowship documentation of the history, milestones, recordings, photographs and ‘artifactual’ items concerning the evolution of AA in the Tallahassee/District 5 region. By collecting and preserving historic information, we can ensure that the message of AA is not diluted and that fact can be separated from myth.

Contact information: Rob K. @ 562-3437 or 228-3868.

District 5 News

DISTRICT 5 DCM Report – January 18, 2006

This month has been filled with life-changing conversations with other members in our fellowship that have helped me tremendously with issues in my own heart. Due to the service opportunities presented, I have been guided and directed in my personal life and am so thankful to the fellowship for your love and tolerance.

It was my pleasure to join with other members and visit the following groups this past month: **Alligator Point, Capital City Group, Central Group, Downtown Group, East Point, Grateful Group, Happy Hour, Lake Jackson, Living Sober , New Hope (Lloyd), Monticello Serenity, Mustard Seed, Northside, Pathfinders, Saint Marks Group (New Group registered with GSO!), Southside, Willing Group, Woodville Group**

**Welcome to newly elected District 5 trusted servants: Public Information Chair Jeff D., Central Group
Other Activities**

The Area Assembly was held in Gainesville from January 6-9, 2006. This quarterly event always increases my level of gratitude as I continue to grasp the principles by which we grow and work together. It is when I come back to our district that I am able to appreciate the opportunities to practice these principles and know that I can only do this if I am in conscious contact with my Higher Power.

Thank you, God for the Twelve Steps, Traditions, and Concepts, and for the Fellowship you work through to accomplish your will.

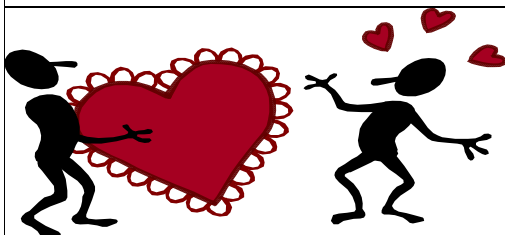
with gratitude,
Kathy S.
(850)322-5173

Tallahassee Alk-a-non

The Greater Tallahassee Alk-a-non was very successful with a total of 84 attendees. Mike G's two pots of Chili were supported by many covered dishes and desserts. Of course the real main dish was the husband and wife team of Rowena and Melvin D. from Monticello. Rowena spoke of her experience with alcoholism and recovering in Alcoholics Anonymous, while Melvin spoke of his experience of recovery in Alanon. Rowena had dated a different guy every year of high school, finally marrying a handsome, muscle-bound man when she was eighteen. She did not suspect that he would become a violent alcoholic who threatened her and her family's lives. After many years of a living hell, she broke away and moved to Orlando and unbeknownst to her began her own drinking career that continued for many years. Rowena experienced several blackouts as well as getting pulled over by a policeman. She found it incredible that this shy woman demonstrated so much insanity that the officer called for backup! Rowena was taken to jail where she began her new life in AA by attending Central Group where a couple of men supported her until she was she could find a female sponsor who guided her through the steps.

Melvin, who had the most emotional sobriety with 33 of Al-anon spoke of the support he has received from AA and Al-anon in SW Georgia. The fellowship supported him as he has walked through the trials and tribulations of his marriage to his first wife, the "original" alcoholic in his life, who tragically died by her own hand while in active addiction. Later, when he lost a son to illness, the fellowship was there to support him. When he struggled with health issues, the fellowship was there to help. He spoke of the importance of service and the rewards of starting a meeting in Perry, FL. He shared how the program has worked in his marriage to Rowena, whom he married during her first year of sobriety. The love they have for one another is obvious! The sobriety countdown was won by a lady named Adrienne with three days of sobriety. Bob H and Melvin D. presented Adrienne with an Big Book.

The next Al-ka-non is scheduled to take place on Friday, April 21, 2006 at 6:00 pm at Advent Episcopal Church, 815 West Piedmont Road, Tallahassee, Florida and will be sponsored by the Serenity Al-anon group. Thanks to all who continue to support the wonderful source of fun and fellowship!



**ARCHIVE TRIVIA: WHAT IS THE ORIGIN
OF THE WORD "PROOF"
AS IT RELATES TO ALCOHOL?**

Intergroup 5 News

January 6, 2006 Intergroup 5 Meeting

Groups Represented: Central, Downtown, Lake Jackson, Living Sober, Northside, Pathfinders [There were 10 people present, representing 6 groups].

7pm—Ron L. opens meeting with a moment of silence and the Serenity Prayer.

Secretary's report: There was some confusion over the requirements for a group to provide a link to our website, see **Old Business** below.

Treasurer's report: Approved as printed in *The Message*.

No Literature report.

No Web report.

Activities report: Holiday party wrap-up—Approx. 250 people attended. Clean-up: Wally Morris, the Masonic Lodge rep, told us that the hall was left in good shape after the party. Matt C. was at the hall doing clean-up until 10:30, next time it is requested that we have people sign up for a clean-up crew. Also we seemed to be charged for only half of a day's rental although we used the hall from 9 am that morning (This seems to be how District was charged for the Gratitude Dinner as well).

Office report: Printed in *The Message*, there were less calls in December, also there are no volunteers on Thursdays. Kathy S. suggests having a bi-monthly training session on office procedures.

District report: The pink "Corrections Cans" that are being used to raise money for literature are a success.

Old Business: Regarding the posting of a link to our website from a group's homepage, as discussed in the Dec 2005 Minutes, under New Business, Larry mentions that a motion was passed several years ago which states that any link made to another website, when leaving the IG website, should state "You are now leaving the Intergroup District 5 website. We have provided this link to facilitate information about AA activities. Our links do not constitute or indicate review, endorsement, or approval." If a new motion is made to address outside websites seeking to link in to ours, the motion may need to be amended, as it only addresses us linking our website, out.

New Business:

- Ryan L. has requested, at 90 days of sobriety, to be allowed to man the phones at IG office [the current requirement is 6 months of sobriety]. Ron L. suggests that someone with less than 6 months of sobriety can petition with sponsor approval. **Motion made:** Ryan can man the phones at IG office at 90 days of sobriety with sponsor approval. Motion passes. An anonymous member adds that office work is a great opportunity for study, service, and fun.
- Kathy S. explains that the outgoing message that lists meetings describes the Pathfinders meeting as closed; it is an open meeting. Ron L. will do a diagnostic on the listing to be sure that there are no other errors in the meeting times, formats, etc. that need updating.
- Call forwarding: still need 40 volunteers; still a great idea, tabled for now.
- All of the meetings currently held at CASA will continue to be held throughout the move of location that will be occurring around March 1, 2006.

- The 2006 Founder's Day Picnic will be on June 3, 2006 at Tom Brown Park. Matt has already obtained the permit for pavilion use.
- Ron L. has noticed the IG treasury is bountiful; therefore the passing of the basket at the IG meeting will be suspended until such a time that it needs to be reinstated.

Meeting adjourned at 7:53.

January 2006 Treasurer's Report

General Fund

Checking:

Beginning 12/31/2005 Balance \$ 2,182.64

Contributions:

Came to Believe 132.62

Carabelle 120.00

Men's Faith 272.00

Miracle Sunday nite 34.32

Total Contributions 558.94

Less:

Disbursements:

Rent 236.50

Office coordinator travel & related exp 220.00

Holiday party: literature costs 39.00

Telephone 43.04

Total Expense Disbursements 538.54

Ending 1/31/2006 Balance \$ 2,203.04

Prudent Reserve Savings (3 avg months operations):

Ending 1/31/2006 Balance 2,001.66

Literature Fund

Beginning 12/31/2005 Balance \$ 1,828.16

add:

Holiday party literature reimbursement 39.00

Literature sales 265.90

Sales Tax collected 19.97

Total 324.87

less:

Literature Purchases 769.22

Ending 1/31/2006 Balance \$ 1,383.81

Total accrued 2005 sales tax liability (245.85)

Total accrued 2006 sales tax liability (19.97)

More District 5 News

The District 5 Grapevine chair is open, ready to be filled. Some of the responsibilities of a Grapevine district representative are stated in the Grapevine workbook (<http://www.aagrapevine.org/media/workbook/GVW2Complete.pdf>), page 43:

TRADITION TWO For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

Reprinted from *The Twelve Steps and Twelve Traditions*, page 132, with permission of A.A. World Services, Inc.

Do I criticize or do I trust and support Trusted Servants?

Events and Happenings

Current Events

Feb 12—Corrections/Treatment, 909 N Gadsden 3:00PM

Feb 15—District 5 monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm.

March 1—IG 5, Inc. monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm.

April 7-9—Next Area Assembly:

Location: Paramount Resort & Conference Center, 2900 SW 13th St. Gainesville, FL 32608. (352) 377-4000 or 877-992-9229 When making reservations, be sure to say you want a room in the "North Florida Area block." (\$64/night, register at least one month in advance!)

Overflow hotels:

Comfort Inn, 2435 SW 13th Street 352-373-6500

Econolodge, 2649 SW 13th Street 352-373-7816

Super 8, 2000 SW 13th Street 352-373-3654

Flint River Roundup

The ninth annual Flint River Roundup will be held on March 10-12, 2006 in Bainbridge, GA. The host motel is the Charter House Inn and registration is \$18 a member. Send in your registration to PO Box 7461 Bainbridge GA. 39818. Friday at 4:00 PM will be a workshop by John A. form Dallas, TX. His subject "Our Adventures, before and after". At 8:00 Pm that night a former member from Cleveland will be the "kickoff" speaker. On Saturday morning, a little touch of Georgia and Donna D. will thrill us all with her incredible story that has taken many many places. The Alanon speaker come to us from Dothan, AL Ms. Ina McR., speaks at 1:30 PM.

Flint River's is famous for a couple of things, On Saturday afternoon, there will be a FREE Fish Fry with all the trimming prepared By Johnny M of Albany, GA. Saturday evening will be the Flint River Countdown followed by John A. talk and journey into AA. There will be the famous Flint River Raffle both Friday and Saturday nights. Sunday Morning, we will be taken home with a talk by Mary P. from Orlando, FL. Motel reservation can be made at 800-768-8550 If you have any questions, please call Diz T. @ 850-385-2112

The Willing Group at Community Day Center

Tuesday Evenings 6:00 pm—7:00 pm

Big Book Study

Thursday Evenings 6:00 pm—7:00 pm

Open Discussion

466 West Tennessee Street

Tallahassee, FL—East of The Shelter

New A.A. meeting on Wednesdays at 6:30pm BYOB (bring your own books) Big Book / Twelve Steps and Twelve Traditions Followed by discussion
Location: The Hope Community cafeteria 2729 W. Pensacola Street, Tallahassee *directions: heading west on Pensacola Street, turn left on Dupree (across the street from Villa Del Lago Apartments), turn right on Municipal Way, cafeteria is the first building on right*

The Saint Marks Group Open Discussion
Monday and Friday Evenings 7:00 pm

Location: First Baptist Church (Annex)

14 Shell Island Road

St. Marks, Florida

Contact: John B. 925-7735

January Phone Report

(57 Calls Received by Volunteers)



2—12th Step

4—Al-anon

11—AA Info

35—Meeting Information

0—Agency Info

5—Miscellaneous

We need more Volunteers!

Please call Larry H 567-8407

Happy A.A. Anniversary January 2005

Central Group

Manny 1, Marshul 1, Oliver 1, Jeff D. 2, Stacey 2, Leisa 3, Nathan D. 3, Autumn 6, Electa 16, Bill P. 18

Living Sober & Happy Hour

Christy - 1 year

Kris C. - 2 years

Sandra - 2 years

Julia S. - 3 years

Richard S. - 3 years

Alicia S. - 15 years

Roberto - 21 years



IF ANYONE ELSE IN DISTRICT 5 MAKES IT FOR A YEAR OR ANY MULTIPLE PLEASE LET ME KNOW!

CELEBRATE!!!!