



The Message

A MONTHLY NEWSLETTER

TRUSTED SERVANTS

Intergroup

Chairman—Don W—Northside
Co-chairman—Ron L—Northside
Secretary—Phyllis K—HomeGroup
Treasurer—Pat C—Crawfordville
Literature—Pat C—Crawfordville
Website—Rob K—Pathfinders
Activities—Vacant
Membership—Vacant
Newsletter—Larry H—Central

District 5

DCM—Ed V—Happy Hour
Alternate DCM—Kathy Lynn—
Pathfinders
Secretary—Anne K—Happy Hour
Treasurer—Lisa F—Downtown

Standing Committees

CPC—Kevin K—Central
PI—Gerry W—Happy Hour
Treatment—Allison B—Central
Corrections—Danny P—Night Owl
Grapevine—Joe J—HomeGroup
Intergroup—Kathy Lynn—
Pathfinders
Accessibilities—Kayce M—Downtown
Archives—Bob S—Southside

CONTACT INFORMATION

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P.O. Box 12352
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NFACAA—Area 14
Area Treasurer
C/O Connie D.
5205 North Sonora Terrace
Beverly Hills, FL 34465

INTERGROUP 5, INC.

August, 2004

TALLAHASSEE, FL

In the fall of '88, eight members of AA met to formed the Open Door speakers meeting. Jim L., Steve L., Marty W., Bob W., Glynnis S., Skye C., Ken J. and Diz T. The first meeting was held the first Saturday evening in January of '89 and Steve L's. sponsor from St. Petersburg was the speaker. 48 members were in attendance.

They have been meeting in the Tallahassee United Methodist Church (Pumpkin church) on Mahan at Capital Circle ever since and today only one member of the original group remains. They set up for a member to chair monthly, get their speakers. The chairperson will open up, make coffee, set up for the meeting and close the meeting place when finished.

The steering committee voted to start their meeting at 7:30 PM as to allow time for members to eat out, go to movies any Saturday night event etc. It became the first meeting on the East End of Tallahassee.

Ask yourself this question, If I were a carpenter, or mechanic, would I be going to work without my tools? If you did, it would be very hard to get the job done. Living in recovery uses many tools to get the job done.

The 12 Steps are just one of the tools to help us grow in our recovery. There are also many other recovery works and writings available to us that help us broaden our horizons in recovery leading us to a better understanding of ourselves. Meetings, meditation, praying, recreation, therapy, diet, rest and exercise are also necessary for well rounded recovery.

As we continue in our recovery we are no longer a prisoner of our addiction and we are able to become open minded allowing us to be more open to positive influences and grow physically, mentally, and spiritually along the path of recovery.

It is now well established that willpower all by itself is about as effective a cure for alcohol addiction as it is for cancer...Most of us tried going it alone, hoping either to control our drinking or to stop, and we had no lasting success in either endeavor.

"But we finally asked ourselves: Wouldn't it be more intelligent to seek out and tap a strength greater than our own than to persist in our futile solo efforts...?"

<p align="center">Current Events</p>	<p>Happy A.A. Anniversary August Keep Coming Back Without a Drink!</p>	<p><u>July 2004 IG5 Treasurer's Report</u> Beginning Balance \$1,853.51 <u>Income</u> Contributions 1,561.80 Sub Total \$3,415.31 <u>Expenses</u> Rent \$236.50 Office Supervision 220.00 Answering Service 103.61 Printing/Message 37.65 Telephone 42.97 Supplies/Bar B Q Grille 250.00 Total \$890.73 Ending Balance \$2,524.58 July 2004 IG5 Contributions Xmas Party 2003/Southside \$ 20.00 Founder's Day 50/50 166.00 Carrabelle 250.00 Happy Hour 280.00 Singleness of Purpose 15.00 Home Group 182.00 Central 150.00 IG5 Meeting 18.00 NorthSide 270.00 Apalachicola Bay Serenity 25.00 Came To Believe 85.80 Anonymous/Birthday 100.00 Total \$1,561.80 July 2004 Literature Report Beginning Balance \$750.57 <u>Income</u> Interest Paid 6/31/04 1.65 Sales 250.87 Taxes 17.88 Total 270.40 <u>Expenses</u> Literature purchased \$430.45 Ending Balance \$590.52</p>
<p><i>August 18</i>—District 5 monthly meeting, Faith Presbyterian Church, Meridian and John Knox Road, 7:00 pm. <i>September 1</i>—Intergroup 5, Inc. monthly</p>	<p>Central Group— Jackie 1 Amanda L. 1 Kate 2 Andrea 2 Susan T. 2 Mary G. 3 Keith Anne 4 Kim M. 7 Jen W. 7 Rita 8 Ed V. 11 Cathy R. 11 Max 15 Russell P. 17 Frank K 18 Jeanette 19 Anne D. 21 Den 22 (7-4-82) Neal B. 25 Powder No Puff— Happy Hour and Living Sober— Ken B. - 32 years Jim O. - 25 years Debbie H. - 15 years Gerry M. - 12 years Ed V. - 11 years Greg B. - 10 years Mike B. - 7 years Jim D. - 3 years Lisa O. - 1 year</p>	<p align="center">August Phone Report</p> <p>85—Meeting Information 21—Miscellaneous 18— AA Info 6—Agency 4—AI-anon 21—Miscellaneous</p>
<p align="center">Future Events</p>	<p><i>It was brought to my attention that at this time those with the longest term of sobriety in District 5 are WOMEN! If that's true it's wonderful. I've always thought it was harder for a women to get and stay sober. (That's just been my opinion... primarily because of MEN).</i></p>	<p>If you have any AA materials of historical value that you would like to donate to District 5 Archives please contact me, Bob S District 5 Archivist--, at 878-9937.</p>
<p>There were none reported!</p>		
<p align="center">NEWSLETTER</p> <p>Please submit articles, anniversary notices or announcements for "The Message" to the Intergroup office or send email message@intergroup5.org by the last Wednesday of each month. Maybe by next month it will be working! If you have questions, call 391-4077 or call the office 224-1818.</p>		
<p align="center">WANTED</p> <p>Volunteers to chair the Intergroup Membership and Special Events committee or answer phones in the office. If you are willing to be of service, please notify Tom A., Coordinator, (850) 224-1818 <u>Volunteers very much needed to Answer phone on Thurs. & Friday 8 AM until Noon</u></p>		
<p>This must be the "Doldrums of Dog Days." There has been almost no contribution to this newsletter. Without your involvement there is no "Message." Perhaps I expect too much? Unless Group Reps send the names of those celebrating, secretaries send minutes from the meetings, treasurer's send reports, GSR's send updates on group events there is nothing to edit. There were 7 people who sent something for this month....Thank you! If you didn't and "should have" please try to do better! It is no longer possible for me to remind you each month. Please help to make this a better newsletter. Remember it's YOURS!</p>		